



Bergslagsleden

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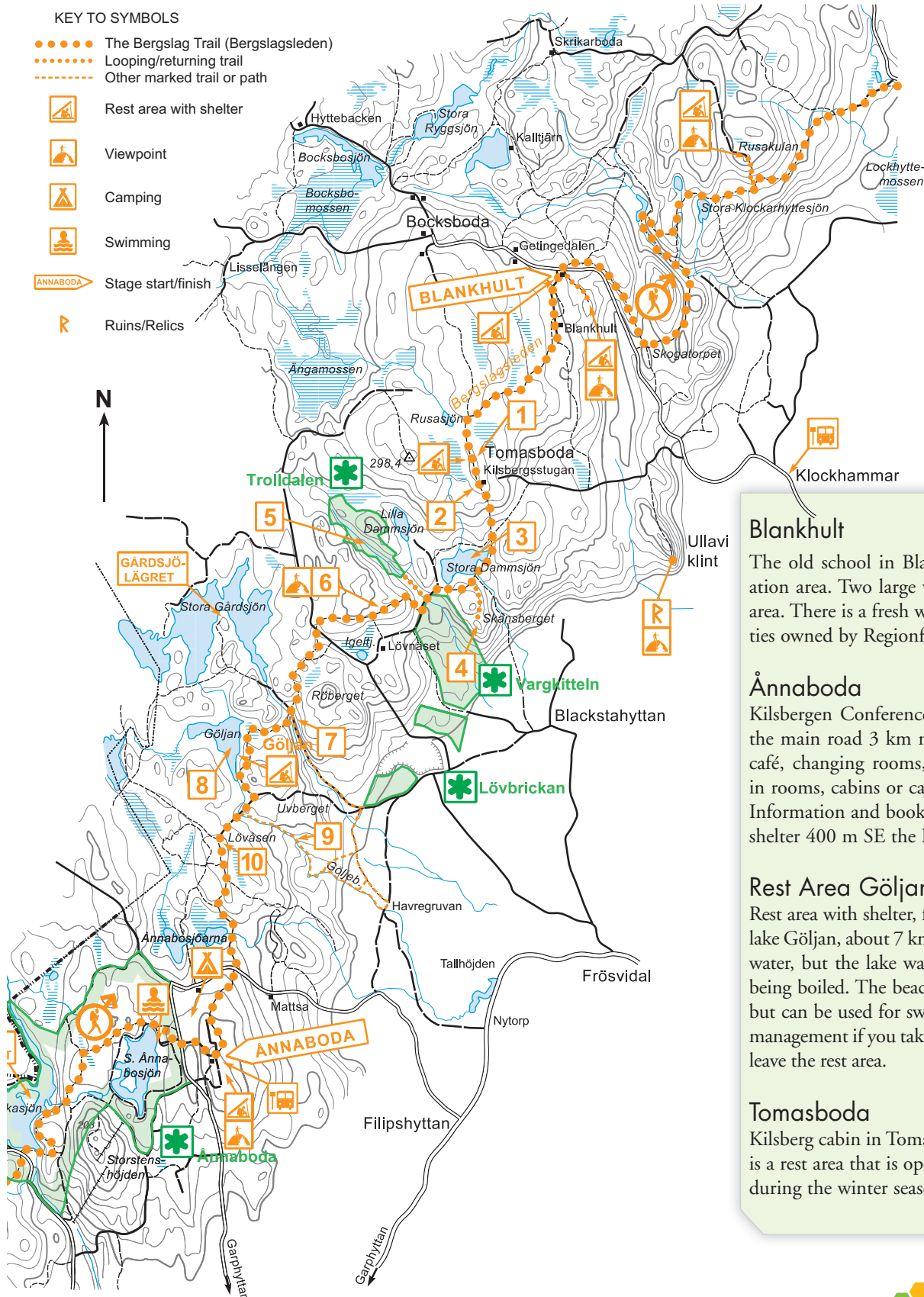
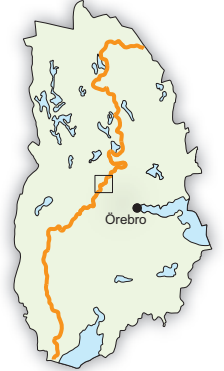
9

Blankhult – Ånnaboda 10 km

KEY TO SYMBOLS

- The Bergslag Trail (Bergslagsleden)
- Looping/returning trail
- Other marked trail or path
- Rest area with shelter
- Viewpoint
- Camping
- Swimming
- Stage start/finish
- Ruins/Relics

Örebro County



Blankhult
 The old school in Blankhult is now used as an recreation area. Two large wind shelters also available. Tent area. There is a fresh water fauset near the estate. Facilities owned by Regionförbundet Örebro.

Ånnaboda
 Kilsbergen Conference and Lodge in Ånnaboda is on the main road 3 km north of Garphyttan. Restaurant, café, changing rooms, showers, lodging (please book) in rooms, cabins or camping. Fresh air bathing nearby. Information and booking: +46 19-29 55 00. There is a shelter 400 m SE the Lodge.

Rest Area Göljan
 Rest area with shelter, fire ring and toilet is found by the lake Göljan, about 7 km south of Blankhult. No drinking water, but the lake water can be used for cooking after being boiled. The beach down from the shelter is stony, but can be used for swimming. It is of great help to the management if you take your rubbish with you when you leave the rest area.

Tomasboda
 Kilsberg cabin in Tomasboda, 3 km south of Blankhult, is a rest area that is open for simple serving on Sundays during the winter season (Nov-Mar).

0 1 km 2 km 3 km

SKALA 1:50 000

What to See Along the Way

1. Croft ruins at Tomasboda

2 km south of Blankhult, the trail follows an old stonewalled road. On either side, fir tree forest covers old meadowland. The landscape opens up as the trail heads south. This is where the crofts Wägertorpet and Rustorpet once were. Närkes Skogskarlar's Klubb has set up information plaques for both crofts. Rustorpet functioned until 1959.

2. Kilsberg cabin at Tomasboda

One of the three crofts that had existed near Tomasboda still exists. This old cabin has since the 1920s been utilized by the Kilsberg Cabin Association and is kept open as a rest area during the ski season.

The cabin is representative of the old tradition of outdoor life in Kilsbergen. The view from the open area nearest the house is among the best in Kilsbergen. Nearby there is a nature and culture walk, as well as several wood sculptures.

3. Stora Dammsjön

A kilometer south of Tomasboda, the trail passes Stora Dammsjön. For centuries, the lake has been of extreme importance for the powering of the smelt house in Blackstahytan and the forge in Frösvidal.

4. Skansberget

At the junction with Kilsbergen's steep eastern slope, there are several ruins of old castle structures. These walls were built during the nomadic period, between 400-600 AD, as protective places of refuge during unsafe times of travel. Of these ruins, five can be found within an area just west of Kils church. One of these, Skansberget, is quite close to the Bergslag Trail. From the trail, there is a 500 m path to the ruins.

5. Trolldalen Nature Reserve

The three "troll valleys" of Kilsbergen are made up of rifts that run perpendicular to

Kilsbergen's eastern approach. The middle of these valleys is quite dramatic and is therefore a nature reserve.

From the Bergslag Trail there is a 300 m path to the reserve. In the rifts of the valley, an interesting mix of moss, lichens and fungal flora has developed, due to the high humidity. Worth seeing is Trollgrytan, a 7 meter wide mountain rift, caused by the flow of ice and water.

6. Lövnäsberget

The highest point of Lövnäsberget gives a great view over Närkeslätten, with "swan lake" Tysslingen in the foreground.

7. South Trolldalen

Gårdsjöbäcken runs along the bottom of southern Trolldalen. It is not so impressive where the trail meets the valley, but further down and further up there are majestic mountain slopes, especially up towards Stora Gårdsjön, where the valley offers steep drops, on which powerful ice formations form during the winter.

8. Göljan

The rest area is beside lake Göljan, which had earlier been dammed to use as a reservoir for smelting houses in Frösvidal.

About 200 m south of the rest area, the remains of the dam can be seen. During the spring flood of 1951, the dam folded and the lake sunk 3 meters in a very short period of time. The tremendous flow of water caused devastation to the buildings and other facilities along the valley way.

Trees, earth, sand and gravel were washed away by the water and deposited down the valley. A border of younger forest can be seen along the lakeshore, a sign of the damage of the "Gölje Catastrophe."

9. Göljestigen

Göljestigen is a looped path of 5.2 km. The loop also covers terrain marked with two shorter stretches, 800 m and 1.7 km. It follows both the stream Göljebäcken and the Bergslag Trail.

10. Lövåsen

Just beyond the end of the road, south of Göljebäcken, the trail passes the ruins and the former fields of the croft Lövåsen. Information signs at the ruins inform that the croft was abandoned in 1953. Forest growth had likely begun by then, so now the forest has completely taken over the grounds.

Important to know

- Make fires only where designated fire rings/circles are present.
- Make sure that your fire is completely out before you continue hiking.
- Refrain from starting fires during the dry periods of summer when risk of forest fire is high.
- Do not break off limbs or branches from living trees.
- You may pitch tents along the trail, but preferably near the rest areas and not more than one night in the same place.
- Do not stray from the trail when near built-up areas, cultivated fields or planted forests.
- Do not litter.
- If hiking with a dog, be aware that you must always have the dog on a lead/leash in the forests/fields during the period from March 1 - August 20.
- So as to avoid conflicting with moose hunting season, you shouldn't use the trail during the most intensive hunting period - the second week in October and several weeks forward.

Facts about the Bergslag Trail (Bergslagsleden)

The Bergslag Trail is a 280 km hiking trail passing through the entire county of Örebro. It is divided into 17 stages. The agency responsible for the trail is Regionförbundet Örebro. The Bergslag Trail is identified by orange markings on trees or on posts. At road crossings or when the trail branches, directional arrows with the Bergslag Trail symbol appear. The Bergslag Trail forms part of European walking route E1, which extends from southern Italy to the Swedish mountains. (www.stfturist.se)

Bus Connections

Blankhult has no bus service. Klockhammar, 2 km away, can be reached by bus weekdays (morning and evening) from Örebro. Annaboda has regular, daily bus connections to Örebro. Bus schedule information: +46 771-22 40 00, www.lanstrafiken.se.

Suggested reading (Swedish)

Esbjörnsson, Estrid, Värt att se i Örebro Län; *Lindstén Carl Anders*, Sevärt i Södra Kilsbergen; *Hellström, Lena*, Utsikt från Bergslagsleden.

For further information

Örebrokompaniet, +46 19-21 21 21, www.visitorebro.se. Örebro County Regional Development Council, +46 (0)19-602 63 00, www.regionorebro.se.

Home page for outdoor life

At www.regionorebro.se you can find a collection of information on nature and outdoor life in the Örebro region. It contains current information on places to stay along the Bergslag Trail. You can download pages on trail stages and get suggestions for other activities. The home page also has information on fishing opportunities, canoe rentals and links to activity organisers.